



**4545 Sweetwater Boulevard,
Sugar Land, TX 77479**

Policies & General Information

Appointments

Please call to schedule your appointment and complete our new patient information forms.

Cancellation Policy

We ask that you call to cancel and reschedule any appointment you cannot make at least 24 hours in advance.

Office Hours

We are open Monday through Thursday at 8:00-5:00, and close at noon on Fridays. We offer 24-hour availability for emergencies only when the office is closed.

Payment Information

We do not accept health insurance. We accept major credit cards and cash payments.

About Us

We are a psychiatry practice devoted to caring for individuals who need diagnosis and treatment of various mood disorders. Our areas of expertise include mood disorders such as depression, anxiety, bipolar disorder, ADHD and other mental health disorders that may be causing dysfunction in your life and keep you and your family from living the best quality of life possible.

Our services include:

- Transcranial Magnetic Stimulation
- Evaluation and diagnosis of various mood disorders
- Psychopharmacology and Medication Management

For Office Appointments:

Please call us at
281-240-7000 to schedule
your appointment.

Phone: 281-240-7000 Fax: 281-240-7017

www.tmsserenitycenter.com




sweetwaterpsychiatry
the first step to a better you


TMS
Serenity Center
*The new path to life...
without depression*

**Kimberly Cress, M.D.
Sherry Grogan, APRN,
PMHNP-BC**

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Sherry Grogan, APRN, PMHNP-BC

Sherry Grogan, MSN, APRN, PMHNP-BC, is a board certified Advanced Practice Psychiatric Mental Health Nurse Practitioner. Sherry received her Master's in Nursing Science from the University of Texas Health Sciences School of Nursing.

Sherry has extensive clinical experience in private practice across the lifespan, inpatient facilities and hospital settings. Sherry is the President of the Psychiatric Advanced Practice Nursing Association (PAPN) and is a member of many other professional organizations. She has a strong interest in research and ethics and is the author of several publications with focus on psychiatric issues in people with severe medical problems.

Sherry treats patients ages 14 and up, and her areas of expertise include treatment of depression, anxiety, bipolar disorder, ADHD/ADD, OCD, acute stress reactions and psychopharmacology.



Kimberly Cress, M.D.

In private practice since 2000, Dr. Kimberly Cress has extensive experience in the treatment of various mood disorders. A graduate from the University of Texas Health Science Center, San Antonio Medical School, Dr. Cress' vast experience includes treating patients with treatment refractory depression, anxiety disorders and bipolar disorders at the Mood Disorder Center at Baylor College of Medicine. She was also involved with a variety of clinical trials and a co-author in several journal articles. At TMS Serenity Center, Dr. Cress is at the forefront of the field of TMS. Dr. Cress is a member of the Clinical TMS Society and has been elected to the Board of Directors. She also serves as the Outreach Committee Chair, helping to drive the knowledge and education of TMS therapy. Dr. Cress' goal is to tailor each person's care to live life without a mental illness.

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Sweetwater Psychiatry TMS Serenity Center

At Sweetwater Psychiatry and the TMS Serenity Center, we are dedicated to providing the best psychiatric care possible. We have extensive experience in the treatment of various mood disorders and mindfully incorporate the latest science.

We have a variety of methods to treat mood disorders including medications, psychotherapy and, relatively unique to our practice, Transcranial Magnetic Stimulation, or TMS Therapy.

TMS Therapy is a FDA-cleared, non-invasive, non-medication treatment for Major Depression. We are pioneers in TMS Therapy with the largest TMS treatment center in Texas.

We are concerned with all aspects of your health, including your physical, mental and emotional well-being and will collaborate with you to develop a treatment plan.

Let us bring your life into balance. We treat every patient with respect, compassion and honor confidentiality. Take the first step to becoming a better, healthier you.